**Nichole Fairbrother**

***Curriculum Vitae***

Room 002 Pearkes, 3970 Haro Road

Queen Alexandra Centre for Children’s Health

Victoria, BC V8N 1V7

Phone (250) 886-4365

[nicholef@uvic.ca](mailto:nicholef@uvic.ca)

<http://parlab.ubc.ca>

**EDUCATION**

* Clinical Psychology Internship (APA-approved Internship; 09/98 – 08/99)

University of British Columbia Hospital

* PhD (2002) in Clinical Psychology, University of British Columbia (UBC)

Advisor: Jack Rachman, PhD; Title of dissertation: *An investigation of the Ehlers-Clark cognitive theory of PTSD and the phenomenon of mental pollution.*

* MA (1995) in Clinical Psychology, Simon Fraser University (SFU)

Advisor: Marlene Moretti, PhD; Title of thesis: *Sociotropy, autonomy and self-discrepancy: Status in depressed, remitted depressed and control participants.*

* BA (1990) in Psychology, University of British Columbia (UBC)

**CREDENTIALS AND LICENSING**

* Registered Psychologist (#1730), College of Psychologists of British Columbia.
* Canadian Association of Cognitive and Behavioral Therapies (CACBT-ACTCC) Certified CBT Therapist and Founding Member

**LANGUAGE COMPETENCIES**

* English (Read, Write, Speak, Understand)
* French (Read, Write, Speak, Understand)

**PROFESSIONAL POSITIONS**

08/21 – Ongoing Clinical Associate Professor, Department of Family Practice | Island Medical Program, UBC

10/19 – 07/21 Clinical Associate Professor, Department of Psychiatry | Island Medical Program, UBC

10/19 – Ongoing Adjunct Associate Professor, Division of Medical Sciences, University of Victoria (UVic)

10/09 – Ongoing Adjunct Associate Professor, Department of Psychology, UVic

01/09 – 10/19 Assistant Professor, Department of Psychiatry | Island Medical Program, UBC

01/09 – Ongoing Therapist, Private Practice

03/08 – 10/08 Therapist, North Shore Stress and Anxiety Clinic

09/04 – 09/06 Instructor, Division of Midwifery, UBC

09/06 – 02/08 Research Associate, Psychiatry / Obstetrics & Gynecology, UBC

09/04 – 09/06 Postdoctoral Fellow - Interdisciplinary Women's Reproductive Health Research Training Program, Department of Health Care and Epidemiology, UBC / Child & Family Research Institute

10/03 – 08/04 Research Associate (Honorary), Psychiatry (Anxiety Disorders Clinic), UBC Hospital

01/03 – 01/04 Research Consultant, Biobehavioral Research Unit, Centre for Community Child Health Research, Child & Family Research Institute

10/02 – 06/05 Allied Staff (Honorary), Department of Psychiatry, UBC Hospital

09/02 – 06/03 Research Consultant, Reproductive Mental Health Program, St. Paul's Hospital

06/02 – 08/03 Postdoctoral Fellow, Psychiatry (Anxiety Disorders Clinic), UBC Hosptial

01/00 – 12/00 Therapist, Psychiatry (Anxiety Disorders Clinic), UBC Hospital

01/98 – 12/98 Therapist, Traumatic Stress Clinic, Department of Psychiatry, UBC Hospital

01/96 – 12/96 Therapist, Department of Psychiatry, UBC Hospital

01/93 – 12/95 Therapist, Psychiatry (Anxiety Disorders Clinic), UBC Hospital

**PUBLIC MENTAL HEALTH / POLICY ENGAGMENT**

2022 Consultant, Mental Health and Addictions Research Agenda, BC Ministry of Health

2020 – Ongoing Theme Leader, Perinatal Mental Health, UBC Women’s Health Research Cluster

2020 – Ongoing Regional Representative, Canadian Perinatal Mental Health Collaborative (CPMHC)

2020 – Ongoing Vancouver Island Representative, Women’s Health Research Institute (WHRI)

2019 – 2021 Member, Advisory Board, American College of Obstetricians and Gyneclogists (ACOG), Integrated Perintal Anxiety Tool Kit (iPAT)

2018 – Ongoing Expert consultant, Development of perinatal anxiety and depression screening for public health nurses, Perinatal Services BC

2016 – 2019 Member, Perinatal Mental Health Screening Consensus Statement Working Group, Society of Obstetricians and Gynaecologists of Canada (SOCG)

2010 – 2013 Chair / Board Member, Credentialing Committee, Canadian Association of Behavioural and Cognitive Therapies (CACBT-ACTCC)

2009 – 2010 Member, Medical Services Plan (MSP) Taskforce, British Columbia Psychological Association (BCPA)

2002 Expert consultant, Perinatal anxiety disorders, Anxiety Disorders Association of Canada

**MEMBERSHIP IN PROFESSIONAL ASSOCIATIONS**

* Canadian Psychological Association (National)
* Canadian Association for Cognitive and Behavioural Therapies (CACBT-ACTCC) (National)
* BC Children’s Hospital Research Institute; Brain, Behavior & Development theme (Provincial)
* Women’s Health Research Institute, Mental Health and Addictions Research Unit (Provincial)
* Canadian Perinatal Mental Health Collaborative (National)
* Women’s Health Research Cluster, Djavad Mowafaghian Centre for Brain Health, Department of Psychology, University of British Columbia (Local)

**PEER-REVIEWED GRANT FUNDING**

***Operating Grants***

Current

| 2021 - 2025 | | *Perinatal anxiety disorders screening study*  Canadian Institutes of Health Research, Fall 2020 Project Grant Competition  **Nichole Fairbrother (PI)**; Martin Antony, Sarah Norris, Arianne Albert, Patricia Janssen, Fanie Collardeau, & Benicio Frey (Co-Is)  $171,169 / year for four years | |
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| 2021 - 2023 | | *Smart Parent: Teaching Parenting by Texting*  British Columbia Child Health Research (BCCHR), Digital Health Research Accelorator Grant  Patricia Janssen (PI); Tim Oberlander; Mariana Brussoni; **Nichole Fairbrother**; Louise Masse; Sarah Munro; Julie Bettinger (Co-Is)  $50,000 (total) | |
| 2021 - 2023 | | *Investigating the Science of Physiologic Birth*  Grants for Catalyzing Research Clusters; UBC Office of the Vice-President, Research & Innovation.  Patricia Janssen, Wendy Norman, Saraswathi Vedam (PIs); Hamideh Bayrampour, Ginny Brunton, Soo Downe, Nichole Fairbrfother, Michael Klein, Andrew Kotaska, Cecilia Jevitt, J. McCutcheon, Nazeem Muharajine, Sarah Munro, L Paulette, Emily Salomons, Tara Wilson (Co-Is)  $91,000 (total) | |
| 2021 - 2022 | | *Teaching by Texting to Promote Healthy Behaviours in Pregnancy*  Canadian Institutes of Health Research, Fall 2020 Project Grant Competition  Patricia Janssen (PI); Arianne Albert; Hamideh Bayrampour; John Coleman; Cindy-Lee Dennis; **Nichole Fairbrother;** Wanrudee Isaranuwatchai; Nazeem Muhajarine; Sarah Munro; Jennifer Murray; Wendy Norman; Regina-Maria Renner; Kathrin Stoll; Suzanne Tough; Saraswathi Vedam (Co-Is)  $100,000 (total) in bridge funding | |
| 2020 - 2022 | | *Screening for perinatal anxiety disorders: A randomized controlled trial*  Women’s Health Research Institute, Catalyst Grant  **Nichole Fairbrother (PI)**; Martin Antony, Sarah Norris, Arianne Albert, Patricia Janssen, Fanie Collardeau, & Benicio Frey (Co-Is)  $24,946 (total) | |
| 2019 - 2022 | | *Perinatal anxiety disorders screening study*  Canadian Institutes of Health Research, Project Grant Competition, Bridge funding award from the CIHR Institute of Neurosciences, Mental Health and Addiction (INMHA) Priority Announcement.  **Nichole Fairbrother (PI)**; Martin Antony, Sarah Norris, Arianne Albert, Patricia Janssen, Fanie Collardeau, & Benicio Frey (Co-Is)  $100,000 (total) | |
| 2020 - 2022 | | *Unwanted intrusive thoughts in new parents: Development of a psychoeducational video*  Canadian Institutes of Health Research, Planning and Dissemination Grant Competition  **Nichole Fairbrother** **(PI)**; Fiona Challacombe, Jonathon Abramowitz, Maria Bavetta, Diane Wilson, & Alissa Antle (Co-Is)  $19,990 (total) | |

Past

| 2021 | | *Reimagining perinatal mental health services: Collaborative development of an integrated model of care*  Micheal Smith Foundation for Health Research, Convening and Collaborating Grant  Emily Jenkins (PI); Wendy Hall, Angela Russolillo, Brittany Bingham, Christine Ou, Valerie Rychel, Sheila Duffy, & **Nichole Fairbrother** (Co-Is)  $14,625 (total) | |
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| 2017 – 2020 | | *Pregnancy Specific Anxiety Scale (PSAS): Instrument development and psychometric testing*  Canadian Institutes of Health Research  Hamideh Bayrampour (PI); Patricia Janssen, Rollin Brant, Michelle Butler, **Nichole Fairbrother**, & K.S. Joseph (Co-Is)  $218,025 (total) | |
| 2017 – 2019 | | *New mothers' thoughts of harm: Prevalence and relation to OCD and child harm*  Island Health: Research Support Grant  **Nichole Fairbrother (PI)**; Patricia Janssen, Sheila Woody, Jon Abramowitz, & Dana Thordarson (Co-Is)  $40,000 (total) | |
| 2018 – 2019 | | *Midwife-assisted, online cognitive behaviour therapy for fear of childbirth*  BC SUPPORT UNIT: Pathway to Patient-Oriented Research (P2P) Award  **Nichole Fairbrother (PI)**;Melanie O’Neill (Patient Co-Lead); Hamideh Bayrampour, Patricia Janssen, Christine Korol, Kathrin Stoll, & Dana Thordarson (Co-Is)  $19,966 (total) | |

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| 2017 – 2019 | *Planning and development of a randomized controlled trial of CBT for postpartum OCD*  Island Health: Collaborative Grant  **Nichole Fairbrother (PI)**; Patricia Janssen, Fiona Challacombe, Christine Korol, & Dana Thordarson (Co-Is)  $20,000 (total) |
| 2016 - 2017 | *Modern and open relationship experiences (MORE)*  Ryerson University  Trevor Hart (PI); **Nichole Fairbrother,** & Malcolm Fairbrother (Co-Is)  $5,000 (total) |
| 2015 – 2017 | *Modern and open relationship experiences (MORE)*  UBC Hampton Fund  **Nichole Fairbrothe**r **(PI)**; Trevor Hart (Co-I)  $9,978 (total) |

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| 2015 – 2016 | *Screening for specific phobia of childbirth using the Childbirth Fear Questionnaire*  Island Health, Research and Capacity Building  **Nichole Fairbrother** **(PI)**; Patricia Janssen, Dana Thordarson, & Kathrin Stoll (Co-Is)  $49,925 (total) |
| 2013 – 2014 | *Improving the mental health of Canadians: Meeting of the*  *Canadian Association of Cognitive and Behavioural Therapies / L'Association Canadienne des Thérapies Cognitives et Comportementales*  Canadian Institutes of Health Research  Naomi Koerner (PI); Deborah Dobson, **Nichole Fairbrother**, Heather Deanne Hadjistavropoulos, Gail Anne Myhr, Martin Provencher, & Adam Scott Radomsky (Co-Is)  $14,777 (total) |
| 2012 – 2015 | *New mothers’ thoughts of harm: Prevalence and relation to OCD and child harm*  Canadian Institutes of Health Research  **Nichole Fairbrother (PI)**; Patricia Janssen, Sheila Woody, David Wolfe, Jonathon Abramowitz, Nancy Lipsky, & Dana Thordarson (Co-Is)  $461,031 (total) |
| 2011 - 2015 | *'From crying to shaking': Reducing the chances of infant abuse*  Canadian Institutes of Health Research  R.G. Barr (PI); **Nichole Fairbrother,** Alissa Antle, & Rollin Brant (Co-Is)  $376,366 (total) |
| 2009 – 2012 | *A mixed-methods study of the experiences of Canadian maternity care providers and key informants with planned home birth*  Canadian Institutes of Health Research  Saraswathi Vedam (PI); Janusz Kaczorowski, Jude Kornelsen, Shafik Dharamsi, Michael Klein, **Nichole Fairbrother,** & Robert Liston (Co-Is)  $298,278 (total) |
| 2009 – 2011 | *Postpartum mood disorders: Prevalence, comorbidity and risk factors*  Coast Capital Savings Depression Research Fund  **Nichole Fairbrother (PI);** Mark Lau, & Patricia Janssen (Co-Is)  $24,000 (total) |
| 2008 – 2011 | *Doing time: A time for incarcerated women to develop a health action strategy*  Canadian Institutes of Health Research  Ruth Martin (PI); Patricia Janssen, Maria Buchanan-Arvay, Jane Buxton, Lara-Lisa Condello, Trevor Corneil, Sarah Desmarais, **Nichole Fairbrother,** Lynn Fels, James Frankish, Alison Granger-Brown, Carl Leggo, Ann Macaulay Gina Ogilvie, Vivian Ramsden, Kate Shannon, & Alfred Wardman (Co-Is)  $432,000 (total) |
| 2007 – 2010 | *Screening for anxiety and depression among new mothers: Implications for care in BC*  British Columbia Medical Services Foundation  **Nichole Fairbrother (PI);** Allan Young, & Patricia Janssen (Co-Is)  $49,684 (total) |
| 2007 – 2010 | *High-risk obstetrical patients: Stress and anxiety in a vulnerable population*  The Auxiliary to BC Women’s Hospital & Health Centre  **Nichole Fairbrother (PI);** Peter von Dadelszen, & Martin Antony (Co-Is)  $20,000 (total) |
| 2006 – 2006 | *Validation of molimina by questionnaire as an indicator of ovulation for population-based studies*  Canadian Institutes of Health Research Pilot Project Grants – Population and Public Health Research  Jerilynn Prior (PI); Anthony Cheung, **Nichole Fairbrother,** Patricia Janssen, & Elaine Kingwell (Co-Is)  $100,000 (total) |
| 2005 – 2006 | *Fertility and aging*  Interdisciplinary Women's Reproductive Health Training Program  **Nichole Fairbrother (PI);** Karla Bretherick, Sara Harbord, & Monica Pearson (Co-Is)  $1,000 (total) |
| 2004 – 2006 | *Mother-infant wellness project\**  Lion’s Gate Healthcare Research Foundation  Woody Sheila & **Nichole Fairbrother** (Co-PIs)  $39,837 (total) |
| 2001 – 2002 | *Do women's fears and beliefs about labor pains predict birth outcomes?\**  University of British Columbia – Humanities and Social Services  Woody Sheila & **Nichole Fairbrother** (Co-PIs)  $9,960 (total) |
| 1999 – 2002 | *Prevention of traumatic stress*  Insurance Corporation of British Columbia  William Koch & **Nichole Fairbrother**(Co-PIs)  $23,750 (total) |

Under Review

N/A

In Preparation

| *Unpaid domestic labour in relation to mental health amond pregnant and birthing people and their partners*  Social Sciences and Humanities Research Council, Insight Development Grant Competition  **Nichole Fairbrother (PI)**; Bonnie Janssen, Bryn Stagg (Co-Is)  Planned submission: 02/23 |
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| *A randomized controlled trial of therapist-assisted, internet-based CBT for postpartum OCD*  Canadian Institues of Health Research, Project Grant Competition  **Nichole Fairbrother (PI)**; Patti Janssen, Fiona Challacombe, Christine Korol, Arianne Albert & Dana Thordarson (Co-Is)  Planned submission: 10/22 |
| *A randomized controlled trial of therapist-assisted, internet-based CBT for pregnancy-specific anxiety*  Canadian Institues of Health Research, Project Grant Competition  **Nichole Fairbrother (PI)**; Melanie O’Neill, Patricia Janssen, Christine Korol, Kathrin Stoll, & Dana Thordarson (Co-Is)  Planned submission: 03/23 |

***Team Grants***

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| 2006 – 2007 | *Collaborative research group for designing safety interventions for individuals in violent relationships*  MSFHR Team Planning  Patricia Janssen (PI); Marlene Moretti, Patricia Spittal, **Nichole Fairbrother,** Colleen Varcoe, & Angela Henderson (Co-Is)  $24,249 (total) |

***Training Grants***

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| 2022 | *New mothers’ thoughts of harm: Prevalence and relation to OCD and child harm*  UBC Summer Student Research Project (SSRP)  **Nichole Fairbrother (supervisor);** Salina Kung (student applicant)  *Under review* |
| 2022 | *Perinatal anxiety screening study: A randomized control trial*  BCCHR/UBC Summer Student Research Project (SSRP)  **Patricia Janssen & Nichole Fairbrother (supervisors);** Olivia Scoten (student applicant)  *Under review* |
| 2021 | *New mothers’ thoughts of harm: Prevalence and relation to OCD and child harm*  UBC Summer Student Research Project (SSRP)  **Nichole Fairbrother (supervisor);** Maddy Fawley (student applicant)  $3,200 |
| 2019 | *New mothers’ thoughts of harm: Prevalence and relation to OCD and child harm*  UBC Summer Student Research Project (SSRP)  **Nichole Fairbrother (supervisor);** Olivia Anglin (student applicant)  $2,800 |
| 2018 | *New mothers’ thoughts of harm: Prevalence and relation to OCD and child harm*  UBC Summer Student Research Project (SSRP)  **Nichole Fairbrother (supervisor);** Tobi Reid (student applicant)  $2,800 |
| 2017 | *Childbirth fear study: The validity of the Childbirth Fear Questionnaire as a screening tool for specific phobia of childbirth*  UBC Summer Student Research Project (SSRP)  **Nichole Fairbrother (supervisor);** Gunisha Kalra (student applicant)  $2,800 |
| 2016 | *Screening for specific phobia of childbirth using the Childbirth Fear Questionnaire*  UBC Summer Student Research Project (SSRP)  **Nichole Fairbrother (supervisor);** Megan Cox (student applicant)  $2,800 |
| 2015 | *New mothers’ thoughts of harm: Prevalence and relation to OCD and child harm*  UBC SSRP  **Nichole Fairbrother (supervisor);** Talveen Gill (student applicant)  $3,200 |
| 2014 | *New mothers’ thoughts of harm: Prevalence and relation to OCD and child harm*  Child and Family Research Institute (CFRI)  **Nichole Fairbrother (supervisor);** Saima Ali (student applicant)  $4,048 |
| 2014 | *New mothers’ thoughts of harm: Prevalence and relation to OCD and child harm*  UBC SSRP  **Nichole Fairbrother (supervisor);** Harman Sidhu (student applicant)  $3,200 |
| 2013 | *New mothers’ thoughts of harm: Prevalence and relation to OCD and child harm*  UBC SSRP  **Nichole Fairbrother (supervisor);** Emma Tucker (student applicant)  $3,200 |
| 2012 | *Perinatal anxiety screening study*  UBC SSRP  **Nichole Fairbrother (supervisor);** Elizabeth Plant (student applicant)  $3,200 |
| 2012 | *Perinatal anxiety disorder prevalence study*  VIHA Psychiatry Research Fund  Wei Yi Song (PI); **Nichole Fairbrother** (Co-PI)  $3,037 |
| 2009 | *Perinatal mental health: Services, needs and access in Victoria BC*  VIHA Summer Help Desk  Diana Ingram (PI); **Nichole Fairbrother** (Co-PI)  $14,400 |
| 2009 | *Perinatal anxiety screening study*  UBC SSRP  **Nichole Fairbrother (supervisor);** Janet Ma (student applicant)  $3,200 |

***Grant Development Funding***

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| 2010 – 2010 | *New mothers' thoughts of harm: Prevalence and relation to OCD and child harm*  BC Mental Health and Addictions Research Network  **Nichole Fairbrother (PI)**  $1,500 (total) |
| 2008 – 2010 | *Unwanted thoughts of harm among new mothers: Phenomenology, prevalence and relation to child abuse*  UBC Health Research Resource Office  **Nichole Fairbrother (PI)**  $4,712 (total) |
| 2005 – 2006 | *Prevalence of anxiety disorders in the perinatal period\**  UBC HeRRo Office/Michael Smith Foundation for Health Research  Patricia Janssen (PI); **Nichole Fairbrother** (Co-I)  $4,355 (total) |

***Other Meeting/Workshop Grants***

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| 2005 – 2005 | *Intimate partner violence and fetal / newborn outcomes*  Michael Smith Foundation for Child and Youth Research Network  Patricia Janssen (PI); Ron Barr, Faye Warnock, Marlene Moretti, Hazel Mitten, Kathleen McKay, & **Nichole Fairbrother** (Co-Is)  $4,208 (total) |

\**I was the lead investigator on these research projects, but due to my position as a trainee at the time, my research mentors/collaborators were listed as the principal applicant for funding.*

***Publications & Other Scholarly Output***

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| PA | Principal/Lead Author |
| SA | Senior/Supervising Author |
| CA | Contributing Author |
| MA | Minor Author |
| IF | Journal Impact Factor |

Underline – Trainees under my direct supervision

**REFEREED JOURNAL SUBMISSIONS**

***Under review***

1. Hicks, L.M., Ou, C., Charlebois, J., Tarasoff, L.A., Pawluski, J., Hooykaas, A., **Fairbrother, N.**, Carter, M., & Tomfohr-Madsen, L. (under review). Assessment of Canadian perinatal mental health services from the perspective of providers: Where can we improve? *Journal of Obstetrics and Gynaecology Canada.* CA, IF = 0.89
2. Collardeau, F., Duerksen, K., Torok, D., Keeney, C., & **Fairbrother, N.** (under review). Latent structure of the Dimensional Obsessive-Compulsive Scale in the perinatal period. *Journal of Anxiety Disorders*. SA, IF = 3.47
3. **Fairbrother, N.**, Keeney, C., Socha, P., & Albert, A. (under review). Stress management training in pregnancy: Interest in and association with medical risk, pregnancy-specific stress, and prenatal worry. *Journal of Reproductive and Infant Psychology.* PA, IF = 2.48
4. Kingston, D., Chari, R., Austin, M.P., Biringer, A.,Grigoriadis, S., Nguyen, V., Roach, V., **Fairbrother, N.**, & Green, C. (under review). SOGC Endorsement of the Australian Clinical Practice Guideline on Mental Health Screening in Pregnancy and Postpartum Periods. *Journal of Obstetrics and Gynaecology Canada.* CA, IF = .94
5. Noor, S., Skakoon-Sparling, S., **Fairbrother, N.,** & Hart, T. (under review). Multidimensional measurement of attitudes towards consensual non-monogamy. *Journal of Sex Research.* CA, IF = 5.14
6. Drabkin, M., Crighton, B., **Fairbrother, N.**, Barr, R. G., Chen, M., Riarc, S., Miller, E., & Brant, R. (under review). Prepartum and postpartum mothers’ and fathers’ feelings of frustration in response to prolonged infant cry sounds. *Journal of Child and Family Studies.* SA, IF = 1.31
7. Reid, T., Collardeau, F., Korenelsen, J., & **Fairbrother, N.** (revise & resubmit). Relationship of childhood maltreatment, sexual assault and symptoms of posttraumatic stress with choice of maternity care provider type. *Canadian Journal of Midwifery Research and Practice* SA, IF = N/A

***Published and accepted for publication***

1. **Fairbrother, N.**, Collardeau, F., Woody, S., Wolfe, D., & Fawcett, J. (in press). New mothers’ thoughts of infant related harm and their relation to harming behaviours. *Journal of Clinical Psychiatry (Focus on Women’s Menatl Health).* PA, IF = 5.50
2. **Fairbrother, N.**, Collardeau, F., Albert, A.K., Thordarson, D., & Stoll, K. (2022). Psychometric properties of the Childbirth Fear Questionnaire. *International Journal of Environmental Research and Public Health*. SA, IF = 3.39
3. **Fairbrother, N.,** Albert, A.K., Keeney, C., Tchir, D., & Cameron, R.B. (2022). Screening for perinatal OCD: A comparison of the DOCS and the EPDS. PA, *Assessment.* IF = 3.20.
4. **Fairbrother, N.**, Collardeau, F., Albert, A., Challacombe, F., Thordarson, D., Woody, S., Janssen, P. (2021). High prevalence and incidence of OCD among women across pregnancy and postpartum. *Journal of Clinical Psychiatry (Focus on Women’s Mental Health)*, *82*(2)*.* doi: 10.4088/JCP.20m13398. PA, IF = 5.50
5. Abrar, A., **Fairbrother, N**., Smith, A. P., Skoll, A. Y. K., & Albert, A. (2020). Anxiety among women experiencing medically complicated pregnancy: A systematic review and meta-analysis. *Birth: Issues in Perinatal Care, 47*(1),13-20. doi:10.1111/birt.12443. SA, IF = 2.13
6. Fawcett, E., **Fairbrother, N**., Cox, M. L., White, I. R., & Fawcett, J. M. (2019). The prevalence of anxiety disorders during pregnancy and the postpartum period: A multivariate Bayesian meta-analysis. *Journal of Clinical Psychiatry (Focus on Women’s Mental Health), 80*(4). doi: 10.4088/JCP.18r12527. CA, IF = 5.50
7. **Fairbrother, N**., Hart, T., & Fairbrother, M. (2019). Open relationship prevalence, characteristics, and correlates in a nationally representative sample of Canadian adults. *Journal of Sex Research, 56*(6), 695-704. doi:10.1080/00224499.2019.1580667. PA, IF = 2.73
8. Chen, M., Barr, R. G., Miller, E., **Fairbrother, N**., Antle, A., & Brant, R. (2019). When soothing succeeds: Simulating a risk for repeated shaking in abusive head trauma in infants. *Infant Behavior and Development, 56,* ArtID: 101246. doi:[10.1016/j.infbeh.2018.02.004](https://doi.org/10.1016/j.infbeh.2018.02.004). CA, IF = 1.67
9. **Fairbrother, N**., Corbyn, B., Thordarson, D., Ma, A., & Surim, D. (2019). Screening for perinatal anxiety disorders: Room to grow. *Journal of Affective Disorders, 250,* 363-370*.* doi:[10.1016/j.jad.2019.03.052](https://doi-org.ezproxy.library.ubc.ca/10.1016/j.jad.2019.03.052). doi:10.1016/j.jad.2019.03.052. PA, IF = 4.08
10. Collardeau, F., Corbyn, B., Abramowitz, J., Janssen, P. A., Woody, S., & **Fairbrother, N**. (2019). Maternal unwanted and intrusive thoughts of infant-related harm, obsessive-compulsive disorder and depression in the perinatal period: Study protocol. *British Medical Journal, Psychiatry, 19,* ArtID:94. doi:10.1186/s12888-019-2067-x. SA, IF = 7.23
11. Ovanessian, M. M., **Fairbrother, N**., Vorstenbosch, V., McCabe, R. E., Rowa, K., & Antony, M. M. (2019). Psychometric properties and clinical utility of the specific phobia questionnaire in an anxiety disorders sample. *Journal of Psychopathology and Behavioral Assessment, 41*(1), 36-52. doi:10.1007/s10862-018-9687-1. CA, IF = 1.79
12. **Fairbrother, N**., Barr, R. G., Chen, M., Riarc, S., Miller, E., & Brant, R., & Ma, A. (2019). Prepartum and postpartum mothers’ and fathers’ unwanted, intrusive thoughts in response to infant crying. *Behavioural and Cognitive Psychotherapy 47*(2), 129-147. doi:10.1017/S1352465818000474. PA, IF = 0.71
13. Fawcett, J. M., **Fairbrother, N**., Fawcett, E. J., & White, I. R. (2018). A Bayesian multivariate approach to estimating the prevalence of a superordinate category of disorders. *International Journal of Methods in Psychiatric Research 27*(4), 1-13. doi:10.1002/mpr.1742. CA, IF = 2.50
14. **Fairbrother, N**., Thordarson, D. S., & Stoll, K. (2018). Fine tuning fear of childbirth: The relationship between Childbirth Fear Questionnaire subscales and demographic and reproductive variables. *Journal of Reproductive and Infant Psychology, 36*(1), 15-29. doi:10.1080/02646838.2017.1396300. PA, IF = 0.86
15. **Fairbrother, N.**, Thordarson, D. S., Challacombe, F. L., & Sakaluk, J. K. (2018). Correlates and predictors of new mothers’ responses to postpartum thoughts of accidental and intentional harm and obsessive-compulsive symptoms. *Behavioural and cognitive psychotherapy, 46*(4) 437-453*.* doi:10.1017/S1352465817000765. PA, IF = 0.71
16. Stoll, K., Swift, E., **Fairbrother, N**., Nethery, E., & Janssen, P. (2018). A systematic review of non-pharmacological prenatal interventions for pregnancy-specific anxiety and fear of childbirth. *Birth: Issues in Perinatal Care, 45*(1), 7-18. doi:10.1111/birt.12316. CA, IF = 2.13
17. Stoll, K., **Fairbrother, N.**, & Thordarson, D. (2018). The Childbirth Fear: Relation to birth and care provider preferences. *Journal of Midwifery & Women’s Health, 63*(1),58-67.doi:10.1111/jmwh.12675. SA, IF = 1.05
18. Prior, J., Konishi, C., Hitchcock, C., Kingwell, E., Janssen, P., Cheung, A., **Fairbrother, N**., & Goshtasebi, A. (2018). Does Molimina indicate ovulation? Prospective data in a hormonally documented single-cycle in spontaneously menstruating women. *International Journal of Environmental Research and Public Health, 15*(5), 1016. doi:10.3390/ijerph15051016MA. IF = 2.47
19. Duplassie, D., & **Fairbrother, N.** (2018). Critical Incidents that help and hinder the development and maintenance of polyamorous relationships. *Sexual and Relationship Therapy, 33*,421-439*.* doi:10.1080/14681994.2016.1213804. MA, IF = 0.95
20. **Fairbrother, N**., Young, A. H., Zhang, A., Janssen, J., & Antony, M. M. (2017). The prevalence and incidence of perinatal anxiety disorders among women experiencing a medically complicated pregnancy. *Archives of Women’s Mental Health, 20*(2),311-319. doi:10.1007/s00737-016-0704-7. PA, IF = 2.35
21. **Fairbrother, N.,** Janssen, P., Antony, M. M, Tucker, E., & Young, A. H.(2016). Perinatal anxiety disorder prevalence and incidence. *Journal of Affective Disorders, 200,* 148-155. doi:10.1016/j.jad.2015.12.082. PA, IF = 4.08
22. **Fairbrother, N.**, Young, A. H, Janssen, P. A., Antony, M. M., & Tucker, E. (2015). Depression and anxiety during the perinatal period. *BMC Psychiatry, 15*, ArtID: 206. doi:10.1186/s12888-015-0526-6. PA, IF = 2.67
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37. **Fairbrother, N**., Newth, S., & Rachman, S. (2005). Mental pollution: Feelings of dirtiness without physical contact. *Behaviour Research and Therapy, 43*(1), 121-130. doi:10.1016/j.brat.2003.12.005. PA, IF = 4.13
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***Works in progress***

1. **Fairbrother, N.** & Keeney, C. Stress management in pregnancy: Relation to maternal anxiety and medical complications of pregnancy. *Journal of Reproductive and Infant Psychology.* SA, IF = 2.48
2. Collardeau, F., Anglin, O., Mayhue, J., & **Fairbrother, N.** The prevalence and course of new mothers’ thoughts of infant-related harm. SA, Journal TBD.
3. **Fairbrother, N.,** Collardeau F., Challacombe, F., Abramowitz, J., & Wong, R. Cognitive predictors of obsessive-compulsive symptoms. PA, Journal TBD.
4. Stagg, B., Collardeau, F., Challacombe, F. & **Fairbrother, N.** Sleep, depression & OCD. SA, Journal TBD.
5. Cameron, R., Anglin, O., Collardeau, F., & **Fairbrother, N.** Age of onsent of perinatal OCD and relation to reproduction. SA, Journal TBD.
6. Martin, R., Xie, K., Collardeau, F., & **Fairbrother, N.** Childhood maltreatment, sexual assault and symptoms of posttraumatic stress disorder as predictors of fear of childbirth using the CFQ. SA, Journal TBD.
7. Collardeau, F., Friedrich, E., Frizzo, C., & **Fairbrother, N.**, The diagnostic classification of fear of childbirth. *Archives of Women’s Mental Health*. PA, IF = 2.35
8. **Fairbrother, N.**, Hart, T., & Socha, P. Psychological correlates of consensual non-monogamy. *Journal of Sex Research.* SA, IF = 2.73

**REFEREED CONFERENCE SUBMISSIONS**

***Conference papers***

1. Skakoon-Sparling, S., Hart, T. A., & **Fairbrother, N.** (Nov 2021) “A Multi-Dimensional Measure of Attitudes Toward Consensual Non-Monogamy.” In Skakoon-Sparling, A., Moors, A. C., Twist, M., & Sakaluk, J. New Approaches to Measuring Stigma and Understanding Differences among People Engaged in Consensually Non-monogamous Relationships [Symposium]. Annual Meeting of the Society for the Scientific Study of Sexuality, in San Juan, Puerto Rico.
2. Skakoon-Sparling, S., Hart, T. A., Socha, P., & **Fairbrother, N.** (Nov 2021). A Multi-Dimensional Measure of Attitudes Toward Consensual Non-Monogamy. In Herbitter, C. & Vilkin, E. Advancing Relationship Science and Countering Stigma: Understanding Relationship Diversity through the Study of Consensual Non-Monogamy Presented at the Annual Meeting of  the Association for Behavioral and Cognitive Therapies [virtual conference due to COVID-19].
3. Collardeau, F., **Fairbrother, N.**, Thordarson, D., Korol, C., & O’Neill, M. “Diagnositc classification of fear of childbirth.” Presented at the 2020 CPA’s 81st Annual National Convention, Montréal, QC, Canada. May 2020.
4. **Fairbrother, N.**, Collardeau, F., Thordarson, D., Challacombe, F., & Albert, A. “Perinatal OCD prevalence and incidence.” Presented at the 2020 CPA’s 81st Annual National Convention, Montréal, QC, Canada. May 2020.
5. **Fairbrother, N.,** Thordarson, D. S., & Corbyn, B. “Perinatal anxiety disorder screening: Literature update and future directions.” Presented at the **PSBC's 4th Biennial Healthy Mothers and Healthy Babies 2020 Conference:** Innovation and Equity: The Foundation to Quality Perinatal Care in 2020, Vancouver, BC, Canada. February 2020.
6. Torok, D., **Fairbrother, N**., & Hart, T. “Attachment, sexual consent, and egalitarian attitudes among consensually non-monogamous university students in romantic relationships.” Presented at the 2019 CSRF Annual Conference, Victoria, BC, Canada. October 2019.
7. **Fairbrother, N**., Hart, T, & Fairbrother, M. “The prevalence of current and prior open relationship engagement, relationship preferences and satisfaction in a nationally representative sample of Canadian adults.” Presented at the 2019 CSRF Annual Conference, Victoria, BC, Canada. October 2019.
8. Collardeau F., **Fairbrother, N**., Torok, D. & Frizzo, C. “Attachment, dimensions of social support and depressive and obsessive-compulsive symptoms in pregnancy.” Presented in the Symposium "Supporting Parents with Attachment-Based Interventions and Social Support" at the International Attachment Conference, Vancouver, BC, Canada, July 2019.
9. **Fairbrother, N.** “**Screening tools for perinatal anxiety and related disorders: Room to grow.” Presented at the** International Association for Women’s Mental Health (IAWMH) 2019 conference, Paris, France. March 2019.
10. **Fairbrother, N.**, Corbyn, B., Collardeau, F., Janssen, P., Woody, S., & Thordarson, D. S. “New mothers’ thoughts of infant-related harm and their relation to aggressive parenting behaviours.” Presented in the Symposium “Anxiety disorders in the perinatal period and the impact on infants and parenting” conducted at the International Association for Women’s Mental Health (IAWMH) 2019 conference, Paris, France. March 2019.
11. **Fairbrother, N.** “Why we need online CBT for perinatal anxiety.” Presented at the Canadian Association of Cognitive and Behavioural Therapies - Association Canadienne des Thérapies Cognitives et Comportementales (CACBT-ACTCC) 2018 Conference, Vancouver, BC, Canada. May 2018.
12. **Fairbrother, N.**, Thordarson, D., Stoll, K., & Sakaluk, J. “The Childbirth Fear Questionnaire (CFQ): A new measure of fear of childbirth.” Presented at the 3rd Biennial Healthy Mothers and Healthy Babies Conference: Working Together to Improve Perinatal Outcomes, Richmond, BC, Canada. March 2018.
13. **Fairbrother, N.**, Thordarson, D., Stoll, K., & Sakaluk, J. “The Childbirth Fear Questionnaire (CFQ): A new measure of fear of childbirth.” Presented at the Australiasian Marcé Society for Perinatal Mental Health 2017 Conference, Brisbane, Australia. October 2017.
14. **Fairbrother, N.**, Antony, M., Janssen, P., & Young, A. “The prevalence of anxiety and related disorders among pregnant and postpartum women.” Presented at the Australiasian Marcé Society for Perinatal Mental Health 2017 Conference, Brisbane, Australia. October 2017.
15. **Fairbrother, N**., Janssen, P., Antony, M., Young, A., Thordarson, D., & Millerd, F. “Screening for postpartum anxiety: Is the EPDS enough?” PSBC 2nd Biennial Conference: Healthy Mothers and Healthy Babies Advances in Clinical Practice and Research across the Continuum, Vancouver, BC, Canada. March 2016.
16. Cooper, A., Nealis, M., & **Fairbrother, N.** “New mothers' thoughts of harm: Prevalence and relation to OCD and child harm.” University of British Columbia Department of Obstetrics & Gynaecology Trainee Research Symposium: Pregnancy and the Mind “Exploring the triad of the caregiver, mother and the fetus,” Vancouver, BC, Canada. November 2015.
17. Chen, M., Barr, R., Miller, E., Riar, S., **Fairbrother, N.,** & Brant, R. “Before and After Baby: Shifts in Mothers’ and Fathers’ Emotional and Cognitive Responses to Prolonged Infant Crying.” 14th International Conference on Shaken Baby Syndrome / Abusive Head Trauma,Denver, CO, United States. September 2014.
18. Chen, M., **Fairbrother, N.**, Barr, R., Miller, E., & Brant, R. “Crying to shaking: Empirically assessing possible risks.” International Conference on Shaken Baby Syndrome / Abusive Head Trauma, Paris, France. May 2014.
19. **Fairbrother, N.**, Young, A., Janssen, P., & Antony, M. “Findings from the maternal postpartum anxiety disorder prevalence study.” Canadian National Perinatal Research Meeting, Banff, AB, Canada. February 2014.
20. Chen, M., Barr, R. G., **Fairbrother, N**. & Brant, R. "Maternal affective responses to bouts of prolonged infant crying." Society for Research in Child Development Biennial Meeting, Montreal, QC, Canada. March 2011.
21. **Fairbrother, N**., Barr, R. G., Chen, M., & Brant, R. "Maternal thoughts of harm in response to bouts of prolonged infant crying: An experimental analysis." Society for Research in Child Development Biennial Meeting, Montreal, QC, Canada. March 2011.
22. Stoll, K., **Fairbrother, N**., Carty, E., Schummers, L., & Delous, S. "An online survey of university students' maternity care provider preferences." 5th International Research Conference on Normal Labour and Birth, Vancouver, BC, Canada. July 2010.
23. Stanger-Ross, I., & **Fairbrother, N**. "Knowledge and attitudes regarding infant feeding practices among reproductive aged university women: An experimental evaluation." UBC Family Practice Research Day, Vancouver, BC, Canada. June 2010.
24. Lipsky, N., **Fairbrother, N**., Young, A., Lau, M., Janssen, P., Antony, M., & von Dadelszen, P. "Perinatal anxiety disorder prevalence study." Anxiety Disorders Association of Canada Meeting, Vancouver, BC, Canada. April 2010.
25. Barr, R. G., **Fairbrother, N.**, Pauwels, J., Brant, R., Green, J., Miller, E., & Lee, C. "Getting from crying to shaking: An experimental analysis of individual differences in frustration responses to prolonged infant crying." Second International Pediatric Abusive Head Trauma: Medical, Forensic, & Scientific Advances & Prevention Programs. June 2009.
26. **Fairbrother, N**., & Abramowitz. J. S. "Postpartum obsessive compulsive disorder: Theoretical considerations, current knowledge and future directions," Montreal, QC, Canada. June 2009.
27. **Fairbrother, N**., & Antony, M. "Perinatal anxiety disorder screening prevalence: Review of current evidence." Canadian Psychological Association Annual Convention, Montreal, QC, Canada. June 2009.
28. Pauwels, J., **Fairbrother, N**., Barr, R. G., Catherine, N., Brant, R., & Tsui, H. "An experimental analysis of maternal cognitive and affective responses to infant vocalizations." Society for Research in Child Development, Denver, CO, United States. April 2009.
29. Pauwels, J., **Fairbrother, N**., Barr, R. G., & Lee, C. "An experimental analysis of maternal cognitive and affective responses to infant vocalizations." HELP May Research Days, Vancouver, BC, Canada. May 2008.
30. Carty, E., Miceli, C., Stoll, K., Taha, N., Vedam, S., Willihnganz, L., Yostrcil, Y., **Fairbrother, N.**, & Jordan, N. "University Students' Attitudes towards Childbirth." Canadian Association of Midwives Annual Meeting, Vancouver, BC, Canada. November 2007.
31. **Fairbrother, N**. "Postpartum obsessive compulsive disorder: A review of current knowledge and recent findings." Canadian Association of Midwives Annual Meeting, Vancouver, BC, Canada. November 2007.
32. **Fairbrother, N.**, & Woody, S. "Prenatal predictors of postnatal symptoms of obsessive compulsive disorder." 41st Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, United States. November 2007.
33. Bretherick, K., **Fairbrother, N**., Harbord, S., Avila, L., & Robinson, W. "Fertility 101: A survey of university women's knowledge of reproductive aging." Canadian Fertility and Andrology Society 52nd Annual Meeting, Ottawa, ON, Canada. November 2006.
34. **Fairbrother, N**. "The Mother-Infant Wellness Project: A study of maternal postpartum thoughts of harm related to the newborn." Women's Health Research Network Summer Institute, Vancouver, BC, Canada. June 2006.
35. **Fairbrother, N**. "The Mother-Infant Wellness Project: A study of maternal postpartum thoughts of harm related to the newborn." Creating Synergy: Collaboration for Better Care Conference, Vancouver, BC, Canada. May 2006.
36. **Fairbrother, N**., & Rachman, S. “Test of a cognitive model of PTSD: An analysis of sexual assault related appraisals." World Congress of Behavioral and Cognitive Therapies, Vancouver, BC, Canada. July 2001.
37. **Fairbrother, N**., & Koch, W. "Acute stress debriefing: Is it worth doing?" Annual Meeting of Canadian Psychological Association, Ottawa, ON, Canada. June 2000.
38. Koch, W., Federoff, I. C., **Fairbrother, N**., Sochting, I., Taylor, S., & Iverson, G. "Posttraumatic stress disorder: Prevention, exacerbation, and treatment." Annual Meeting of Canadian Psychological Association, Edmonton, AB, Canada. June 1998.

***Conference proceedings***

1. Goshtasebi, A., Kalyan, S., Konishi, C., Hitchcock, C., Cheung, A., Janssen, P., **Fairbrother, N.**, & Prior, J. (2017). Does Molimina Indicate Ovulation? *Canadian Journal of Diabetes, 41* (5), S36.
2. Warnock, F., Bowen, A., Soares, C., Glover, V., Oberlander, T., Nepomnaschy, P., **Fairbrother, N.**, & Galea, L. (2013). Taking action to close the gaps in research of perinatal mental health. *Archives of Women's Mental Health*, *16*(1), S103.

***Conference posters***

1. Martin, R.C.B., Ishikawa, T., Xie, K., Collardeau, F., **Fairbrother, N.** (under review). Experiences of childhood mistreatment, sexual victimization, and the relationships with fear of childbirth. Poster submitted to the Canadian National Perinatal Research Meeting (CNPRM), Canada, May 30 – June 3, 2022.
2. Oloomi, S., **Fairbrother, N.**, Keeney, C. (under review). Psychosocial predictors of verbal aggression towards infants in a Canadian perinatal sample. Poster submitted to the Canadian National Perinatal Research Meeting (CNPRM), Canada, May 30 – June 3, 2022.
3. Collardeau, F., Angin, O., Albert, A., Mayhue, J., **Fairborther, N.** (under review). Unwanted intrusive thoughts of intentional harm toward the infant in the first 5 months postpartum. Poster submitted to the Canadian National Perinatal Research Meeting (CNPRM), Canada, May 30 – June 3, 2022.
4. Niyyati, S.S., Collardeau, F., Fairbrother, N. (2021). Effect of maternal perinatal sleep on obsessive-compulsive symptoms. Poster presented at the APS Virtual Convention, United States, May 26 – September 1, 2021.
5. Torok, D., **Fairbrother, N.**, & Barr, R. G. “Unwanted intrusive thoughts of infant-related harm, negative emotionality, and self-confidence among adolescent caregivers.” Poster presentated at the Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, Washington, DC, United States, November 2018.
6. Torok, D., **Fairbrother, N**., & Barr, R. G. “Unwanted intrusive thoughts of harm in response to infant crying among adolescents.” Poster presented at the Canadian Association of Cognitive and Behavioural Therapies - Association Canadienne des Thérapies Cognitives et Comportementales (CACBT-ACTCC) Annual Conference, Vancouver, BC, Canada. May 2018.
7. Ovanessian, M. M., **Fairbrother, N.**, Vorstenbosch, V., McCabe, R. E., Rowa, K., & Antony, M. “Psychometric properties and clinical utility of the specific phobia questionnaire.” Poster presented at the Canadian Association of Cognitive and Behavioural Therapies - Association Canadienne des Thérapies Cognitives et Comportementales (CACBT-ACTCC), Annual Conference, Vancouver, BC, Canada. May 2018.
8. Wong, A., & **Fairbrother, N.** “New mothers’ thoughts of harm: Prevalence and relation to OCD and child harm.”Poster presented at the University of Victoria Psi Chi Making Waves in Psychology Conference, Victoria, BC, Canada. April 2017.
9. **Fairbrother, N.**, Thordarson, D., & Stoll, K. (2016). “The CFQ: A new measure of fear of childbirth.” Poster presented at the Canadian Association of Midwives AGM, Conference & Exhibit, Victoria, BC, Canada. October 2016.
10. Surm, D., **Fairbrother, N.**, Antony, M., Janssen, P., Thordarson, D., & Young, A. “Can the EPDS function as a screening tool for perinatal anxiety?” Poster presented at the Canadian Association of Midwives AGM, Conference & Exhibit, Victoria, BC, Canada. October 2016.
11. **Fairbrother, N.**, Stoll, K., & Thordarson, D. “The Childbirth Fear Questionnaire: A new measure of fear of childbirth.” Poster presented at the North American Society for Psychosocial Obstetrics & Gynecology Biennial Meeting, New York, NY, United States. April 2016.
12. Stoll, K., **Fairbrother, N.**, & Thordarson, D. “The CFQ: Relation to birthing and care provider preferences.” Poster presented at the North American Society for Psychosocial Obstetrics & Gynecology Biennial Meeting, New York, NY, United States. April 2016.
13. Thordarson, D., **Fairbrother, N.**, & Stoll, K. “Fine tuning fear of childbirth: Correlates of the CFQ subscales.” Poster presented at the North American Society for Psychosocial Obstetrics & Gynecology Biennial Meeting, New York, NY, United States. April 2016.
14. **Fairbrother, N.**, Janssen, P., Antony, M. M., Tucker, E., & Young, A. H. “Perinatal anxiety disorder prevalence and incidence: A representative Canadian sample.” Poster presented at the North American Society for Psychosocial Obstetrics & Gynecology Biennial Meeting, New York, NY, United States. April 2016.
15. Stanizkis, H., **Fairbrother, N.**, Lipsky, N., Abramowitz, J., Wolfe, D., Janssen, P., Thordarson, D., & Woody, S. “Mother-Infant Wellness Project: Phase II: New mothers’ thoughts of harm: Prevalence and Relation to OCD and child harm.” Poster presented at the Child and Family Research Institute Summer Student Poster Day, Vancouver, BC, Canada. July 2013.
16. Sawatsky-Girling, B., Evans, L., Ferguson, A., Herbert, D., Thompson, S., Farren, M., **Fairbrother, N.**, & Lipsky, N. “BC Ethics Harmonization Initiative: Evaluation of a Provincial Review Model.” Poster presented at the Canadian Association of Research Ethics Board Annual National Conference, Toronto, ON, Canada. April 2012.
17. **Fairbrother, N**., Antony, M., Young, A., Janssen, P., & Lau, M. "Screening for anxiety and depression among new mothers: Implications for care in BC." Poster presented at the Western Perinatal Research Meeting, Banff, AB, Canada. February 2011.
18. Welsted, A., **Fairbrother, N**., Lipsky, N., Antony, M, Young, A., & Janssen, P. "Perinatal anxiety disorder symptoms: Course and relation to depression." Poster presented at the Association for Behavioral and Cognitive Therapies Annual Convention, San Francisco, CA, United States. November 2010.
19. Hahto, D., Lipsky, N., **Fairbrother, N.,** Young, A., Antony, M., Janssen, P., & von Dadelszen, P. "Stress management training: What do women experiencing a medically high risk pregnancy want?" Poster presented at the Child and Family Research Institute Summer Student Poster Day, Vancouver, BC, Canada. July 2010.
20. Leathem, K., **Fairbrother, N**., Young, A., Antony, M., Janssen, P., & Lipsky, N. "Perinatal anxiety screening study." Poster presented at the Child and Family Research Institute Summer Student Poster Day, Vancouver, BC, Canada. July 2010.
21. **Fairbrother, N.**, Barr, E., Pauwels, J., Brant, R., Lee, C., & Miller, E. "Maternal thoughts of harm in response to infant crying: An experimental analysis." Poster presented at the 2010 International Conference on Infant Studies (ICIS), Baltimore, MD, United States. March 2010.
22. Lipsky, N., **& Fairbrother, N**. "Screening for anxiety and depression among new mothers: Implications for care in BC." Poster presented at the Western Perinatal Research Meeting, Banff, AB, Canada. February 2010.
23. **Fairbrother, N.**, & Woody, S. "Evaluation of a Cognitive-Behavioural Model of Postpartum Obsessive Compulsive Disorder (ppOCD)." Poster presented at the 36th Annual Meeting of the North American Society for Psychological Obstetrics and Gynecology, Richmond, VA, United States. February 2010.
24. **Fairbrother, N**, Young, A., Janssen, P., Lau, M., Lipsky, N., & Macaky-Dunn, M. "Postpartum Mood Disorders: Prevalence, Comorbidity and Risk Factors." Poster presented at the Coast Capital Depression Research 8th Annual Charity Golf Tournament, Vancouver, BC, Canada. June 2009.
25. Petersen, K., **Fairbrother, N.**, Brant, R., & Antony, M. "Assessing the prevalence of anxiety disorders among new mothers: preliminary analyses of the National Comorbidity Survey Data." Poster presented at the Women's Health Research Network: Summer Institute, Victoria, BC, Canada. May 2008.
26. **Fairbrother, N.**, & Holland, L. "An experimental analysis of attitudes towards infant feeding practices." Poster presented at the 6th Annual Child & Family Research Institute Student Research Forum, Vancouver, BC, Canada. June 2006.
27. **Fairbrother, N.**, & Woody, S. "Belief about labour pain: Relationship to birth outcomes." Poster presented at the Annual Meeting of Canadian Psychological Association, Montreal, QC, Canada. June 2005.
28. **Fairbrother, N.**, Newth, S., & Rachman, S. "Mental pollution: Feelings of dirtiness without physical contact." Poster presented at the BC Research Institute for Children's & Women's Health Annual Student Research Forum, Vancouver, BC, Canada. March 2005.
29. **Fairbrother, N.**, & Woody, S. "Beliefs about labour pain: Relationships to birth outcomes." Poster presented at the Association for the Advancement of Behavior Therapy Annual Convention, Boston, MA, United States. November 2003.
30. **Fairbrother, N.**, & Rachman, S. "Unwanted thoughts and images in sexual assault victims: Parallels with obsessive compulsive disorder." Poster presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, BC, Canada. July 2001.
31. Newth, S., **Fairbrother, N.**, & Rachman,S. "Emotional responses and subsequent neutralization in response to unwanted sexual experiences." Poster presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, BC, Canada. July 2001.
32. **Fairbrother, N.**, & Rachman, S. "Intrusive rape-related thoughts and images: A cognitive analysis." Poster presented at the World Congress of Behavioral and Cognitive Therapies, Acapulco, Guerrero, Mexico. July 1998.
33. **Fairbrother, N.**, & Rachman, S. "The SOCOG: A new measure of social phobic's beliefs about what others think of them." Poster presented at the World Congress of Behavioral and Cognitive Therapies, Acapulco, Guerrero, Mexico. July 1998.
34. Vlassev, I., Moretti, M., Roney, C., & **Fairbrother, N**. "Stability and change of the self-concept in self-discrepancy theory." Poster presented at the Annual Convention of American Psychological Association, New York, NY, United States. August 1995.
35. Rachman, S., Shafran, R., Thordarson, D. S., Neufeld, H., Sawchuck, C., McIvor, J., & **Fairbrother, N**. "A revision of the Maudsley Obsessional Compulsive Inventory." Poster presented at the World Congress of Behavioral and Cognitive Therapies, Copenhagen, Staden Kobenhavn, Denmark. July 1995.
36. **Fairbrother, N**., & Moretti, M. "Actual-ideal discrepancies and sociotropy: Vulnerability markers for depression." Poster presented at the Annual Convention of the Canadian Psychological Association, Penticton, BC, Canada. June 1994.

***Under review – Conference submissions***

N/A

**NON-REFEREED PUBLICATIONS**

***Invited book chapters***

1. Kleiman, K. & **Fairbrother, N.,** (2021). “Postpartum harm thoughts.” *You Are Not Alone: An Anthology of Perinatal Mental Health Stories.* Ed. Patricia Tomasi, CMPHC. Wintertickle Press.
2. **Fairbrother, N.,** (2021). “Fear of childbirth” *You Are Not Alone: An Anthology of Perinatal Mental Health Stories.* Ed. Patricia Tomasi, CMPHC. Wintertickle Press.
3. **Fairbrother, N.,** Martin, R.C.B.,Challacombe, F. (in press). “Postpartum unwanted, intrusive thoughts of infant harm.” *Topics in Perinatal Mental Health.*Eds.M Percudani, C Pariante, A Bramante & V Brenna. Switzerland: Springer Nature*.*
4. **Fairbrother, N.**, & Challacombe, F. (2020). **“**Postpartum and peripartum OCD.”*Complexities in Obsessive Compulsive and Related Disorders: Advances in Conceptualization & Treatment*. Ed. E.A. Storch, D. McKay, and J. Abramowitz. Oxford University Press.
5. **Fairbrother, N.** (2017). “Obsessive Compulsive-Related Disorders: Gender Differences.” *The SAGE Encyclopedia of Abnormal and Clinical Psychology.* Ed. A. Wenzel. Thousand Oaks, CA: SAGE. 2017.
6. **Fairbrother, N**., & Abramowitz, J.S. (2016). "Postpartum obsessive-compulsive disorder." *Oxford Handbook of Perinatal Psychology*. Ed. A. Wenzel. Oxford University Press. 2016.
7. Abramowitz, J.S., & **Fairbrother, N**. (2007). "Postpartum obsessive-compulsive disorder." *Clinical Handbook of Obsessive-Compulsive Disorder and Related Problems*. Ed. J. Abramowitz, D. McKay, and S. Taylor. Baltimore, MD: Johns Hopkins Press, 2007.

**PUBLICATION STATISTICS**

|  |  |  |
| --- | --- | --- |
| Search Engine | H-Index | i10-Index |
| Google Scholar | 25 | 31 |
| Research Gate | 22 | - |
| Scopus | 21 | - |

**INVITED PRESENTATIONS**

***Research and Clinical***

11, 2021 *Thoughts of harming the child*; Psicologia e Psicopatologia Perinatale. Prevenzione, Diagnosi, Trattamento (*Perinatal Psychology and Psychopathology. Prevention, Diagnosis, Treatment*); Presenter; Online Conference, Italy.

06, 2021 Perinatal obsessive-compulsive disorder and infant-related harm thoughts: Prevalence and relation to infant safety. Academic Perinatology Rounds, BC Women’s Hospital and Health Centre, Vancouver, BC; Presenter.

05, 2021 *Fear of childbirth: Ethical issues in research, assessment and treatment;* The 2021 Annual Conference and Annual General Meeting of the Canadian Association of Research Ethics Boards (CAREB-ACCER); Keynote speaker.

05, 2020 *The New Mother’s Thoughts of Infant-Related Harm Study: Preliminary findings.* WHRI Rounds, Vancouver, BC; Presenter; Deferral likely due to COVID-19.

04, 2020 *Ethical issues in the assessment of postpartum maternal aggression;* The 2020 Annual Conference and Annual General Meeting of the Canadian Association of Research Ethics Boards (CAREB-ACCER); Plenary speaker; Deferrred due to COVID-19.

05, 2019 *Supporting Vulnerable Women: A Focus on Stigma and Safety;* Women’s Health Research Institute and Island Health 5 Days in May Women’s Health Panel Event, Victoria, BC; Panel member.

04, 2019 *Ethical issues in the assessment of postpartum maternal aggression;* The 2019 Annual Conference and General Meeting of the Canadian Association of Research Ethics Boards (CAREB-ACCER); Winnipeg, MB; Presenter.

05, 2018 *Perinatal anxiety;* WHRI 2018 Research Symposium, Vancouver, BC; Presenter & Facilitator.

05, 2018 *Perinatal anxiety;* Pacific Postpartum Support Society Angel Donors Dinner, Vancouver, BC; Keynote Speaker.

05, 2018 *OCD in the perinatal period;* Perinatal Rounds, BC Women’s Hospital and Health Centre, Vancouver, BC; Presenter.

02, 2018 *New mothers' thoughts of infant-related harm and their relationship with OCD and parenting*; Rounds, Kings College London, London, UK; Presenter.

10, 2017 *New mothers' thoughts of infant-related, ppOCD and parenting*; Clinical rounds, Liverpool Hospital, Sydney, NSW, Australia; Presenter.

10, 2017 *New mothers' thoughts of infant-related, ppOCD and parenting*; Research rounds, Liverpool Hospital, Sydney, NSW, Australia; Presenter.

11, 2016 *Perinatal anxiety & related disorders*; Clinical Psychology Rounds, Department of Psychology, University of Victoria, Victoria, BC; Presenter.

10, 2016 *New mothers' thoughts of infant-related harm and their relationship with OCD and parenting*; GOLD Perinatal Online Conference 2016, GOLD Learning Online Continuing Education, Online; Presenter.

05, 2016 *Perinatal anxiety disorders*; Perinatal Rounds (province-wide), Department of Obstetrics and Gynecology University of Alberta, Alberta, BC; Presenter

06, 2016 *Treatment of perinatal depression*; SOGC’s 72nd Annual Clinical and Scientific Conference (ACSC), Society of Obstetricians and Gynaecologists of Canada, Vancouver, BC; Presenter.

09, 2015 *Maternal perinatal anxiety and related disorder prevalence and incidence*; Anxiety Disorders Interest Group Meeting, Department of Psychology, Ryerson University; Presenter.

06, 2015 *Anxiety during reproduction: What it looks like and what to do about it*; Climb out of the Darkness, UBC Division of Midwifery, Victoria, BC; Presenter.

11, 2015 *The CFQ: A new, multidimensional measure of fear of childbirth*; Pregnancy and the Mind, Department of Obstetrics and Gynecology, UBC Vancouver, BC; Presenter.

05, 2015 *Screening for perinatal anxiety in BC*; 5 Days in May, Island Health, Victoria, BC; Presenter.

11, 2014 *The FOCQ: A new measure of fear of childbirth*; Research Rounds, Island Health, Victoria, BC; Presenter.

10, 2014 *Perinatal anxiety disorder prevalence study*; BCWH Rounds, BC Women’s Hospital and Health Centre, Vancouver, BC; Presenter.

01, 2013 *Postpartum PTSD*; Perinatal Rounds, Island Health, Victoria, BC; Presenter.

05, 2012 *Perinatal Anxiety Disorder: Prevalence and Phenomenology*; Psychiatry Rounds, Island Health Victoria, BC; Presenter.

03, 2012 *Throwing the baby off the balcony: New mothers' thoughts of infant-related harm*; Café Scientifique, Centre for Biomedical Research, Victoria, BC; Presenter.

06, 2010 *Perinatal Anxiety Disorders*; Perinatal Rounds, Island Health, Victoria, BC; Presenter.

04, 2010 *Postpartum obsessive compulsive disorder*; Perinatal Rounds, Island Health, Victoria, BC; Presenter.

10, 2009 *Maternal postpartum thoughts of harm related to the newborn;* Research Rounds, Vancouver Island Health Authority, Victoria, BC; Presenter.

09, 2009 *Perinatal anxiety disorder prevalence;* Clinical Rounds, Department of Psychology, University of Victoria, Victoria, BC; Presenter.

09, 2009 *Infant crying as a trigger for unwanted maternal thoughts of harm*; Research Day, Vancouver Island Health Authority, Victoria, BC; Presenter.

06, 2008 *High-risk obstetrical patients: Stress and anxiety in a vulnerable population;* Antenatal Rounds, BC Women's Hospital and Health Centre, Vancouver, BC; Presenter.

06, 2008 *Perinatal anxiety disorders;* Multidisciplinary Obstetrical Rounds, BC Women's Hospital and Health Centre, Vancouver, BC; Presenter.

04, 2008 *Communication and inter-professional relationships;* Midwifery Education, Division of Midwifery, UBC, Vancouver, BC; Presenter.

02, 2008 *Stress management education;* Midwifery Preceptor Workshop, Division of Midwifery, UBC, Vancouver, BC; Presenter.

12, 2007 *The perinatal anxiety screening study (PASS): A study of the prevalence of anxiety disorders among pregnant and postpartum women;* Research Symposium, Women’s Health Research Institute, Vancouver, BC; Presenter.

09, 2007 *An introduction to the ethics review process in research;* Ethics Workshop for Trainees, Child & Family Research Institute, Vancouver, BC; Presenter.

01, 2007 *How to manage the transition from trainee to researcher, clinician investigator;* Post-Doctoral Fellow Professional Development Series, Faculty of Medicine, UBC, Vancouver, BC; Pannel Discussant.

11, 2006 *Mother-infant wellness project: A study of maternal postpartum thoughts of harm related to the newborn;* Meeting, Interdisciplinary Women's Reproductive Health Research Training Program, Child & Family Research Institute, Vancouver, BC; Presenter.

07, 2006 *Mother-infant wellness project: A study of maternal postpartum thoughts of harm related to the newborn;* Research Rounds, Ottawa Hospital - General Campus, Ottawa, ON; Presenter.

06, 2006 *Mother-infant wellness project: A study of maternal postpartum thoughts of harm related to the newborn;* Combined Perinatal Rounds, Department of Maternal Fetal Medicine, Neonatology, BC Women’s Hospital & Health Centre, Vancouver, BC; Presenter.

06, 2006 *Mother-infant wellness project: A study of maternal postpartum thoughts of harm related to the newborn;* Research Rounds, Department of Psychiatry, UBC, Vancouver, BC; Presenter.

06, 2006 *Mother-infant wellness project: A study of maternal postpartum thoughts of harm related to the newborn;* Research Rounds, Department of Healthcare and Epidemiology, UBC, Vancouver, BC; Presenter.

06, 2006 *Maternal postpartum thoughts of harm and postpartum OCD;* Research Day, Mental Health and Neuroscience Cluster, Vancouver, BC; Presenter.

2005 *Maternal postpartum thoughts of harm related to the newborn;* TGIF Seminar Series, Child & Family Research Institute, Vancouver, BC; Presenter.

2005 *Anxiety disorders in pregnancy and postpartum;* Community talk, Canadian Mental Health Association, Vancouver-Burnaby Branch, Vancouver, BC; Presenter.

2005 *Maternal postpartum intrusive thoughts of harm towards the newborn;* Research Rounds The Center for Healthcare Innovation & Improvement, Vancouver, BC; Presenter.

2000 *Postpartum onset obsessive compulsive disorder;* Seminar, Child & Family Research Institute, Vancouver, BC; Presenter.

2000 *Cognitive behaviour therapy for posttraumatic stress disorder;* Psychiatry Lecture; Psychiatry Residents, UBC, Vancouver, BC; Presenter.

***Community***

|  |  |
| --- | --- |
| 05, 2017 | *Posttraumatic stress disorder: Definition, symptoms and treatment;* PEERS Victoria Resource Society, Victoria, BC; Presenter. |
| 09, 2016 | *Attachment and non-monogamy;* Poly 101, Nanaimo, BC; Presenter. |
| 09, 2016 | *Attachment and overcoming jealousy;* Poly 101, Nanaimo, BC; Presenter. |
| 06, 2014 | *Attachment and consensual non-monogamy;* Kindle Arts Society, Victoria, BC;Presenter. |
| 04, 2010 | *New mothers’ thoughts of infant related harm;* Postpartum Support Society, Victoria, BC; Presenter. |

**SERVICE**

***University Committees***

| **Type** | **Committee Name** | **Role** | **Dates** |
| --- | --- | --- | --- |
| Department | Admissions Committee, Reproductive and Developmental Sciences Graduate Program, Department of Obstetrics and Gynecology | Member | 2021 - Ongoing |
| Department | Research and Scholarly Activity Committee | Vancouver Island Representative | 2015 - 2020 |
| UBC CPD | Planning Committee: *Perinatal Depression and Anxiety Online Learning Module* | Member | 2018 – 2019 |
| Department | Working Group for Incorporating a Required Research Project into the UBC Psychiatry Residency Program | Member | 2015 - 2019 |
| Department | Foundations of Scholarship Course Committee | Member | 2014 - 2016 |
| University of Victoria | Research Administration Information System (RAIS) Working Group | Member | 2013 - 2015 |
| Department | IMP Psychiatry Postgraduate Education Program Subcommittee1 | Member | 2011 - 2013 |
| Department | IMP Psychiatry Medical Education Committee1 | Member | 2011 - 2013 |
| University | UBC Behavioural Research Ethics Board | Member | 2006 - 2010 |
| University | UBC Campus Safety Committee | Member | 1999 |
| Department | UBC Clinical Psychology Program | Student Representative | 1997 - 1998 |

1*These are combined committees between the University of Victoria, UBC, and Island Health, and therefore represent a service to the University and Health Authority.*

***Scholarly Committees***

| **Organization** | **Committee Name** | **Role** | **Dates** |
| --- | --- | --- | --- |
| Vancouver Island Health Authority | Health Research Ethics Board | Member | 2010 - 2017 |
| Women’s Health Research Institute | Women’s Mental Health and Addictions Research Unit | Member | 2007 |
| Child & Family Research Institute | Developmental Neurosciences & Child Health Research Cluster | Member | 2007 |
| Women’s Health Research Institute | Interdisciplinary Women's Reproductive Health Research Training Program | Steering Committee Member | 2005 - 2006 |

***Community Service***

| **Role** | **Organization** | **Student / Contribution** | **Date** |
| --- | --- | --- | --- |
| External Examiner | Deakin University, Melbourne, Australia | Alana Rogers, Doctor of Psychology | 10/21 |
| External Examiner | The Norwegian University of Science and Technology, NTNU, Trondheim, Norway | Rannveig Storaune Osnes, Ph.D. defense | 10/20 |
| External Examiner | University of Bath, Bath UK | Chris Firmin, Ph.D. defense | 02/18 |
| Therapist | BC Children's and Women's Hospital, Division of Maternal Fetal Medicine | Cognitive behaviour therapy for perinatal anxiety and stress related | 2007 |
| Community Liason Officer | Anxiety Disorders Association of British Columbia | Research translation for lay audiences | 2003-2005 |

***Project Development***

| **Event Title** | **Agency** | **Location** | **Competition** | **Date** | **Role** |
| --- | --- | --- | --- | --- | --- |
| Develop a pregnancy-specific anxiety assessment tool | CIHR | Calgary, AB | CIHR Planning and Dissemination Grant | May 10, 2016 | Participant |

***Conference Participation (Organizer, Chair, Moderator, etc.)***

05, 2022 Planning committee lead, Perinatal Mental Health Stream, Canadian National Perinatal Research Meeting.

03, 2021 Planning committee member, Women’s Health Research Institute (WHRI) Annual Research Symposium.

From July 2010 to July 2013, I was a member of the Board of Directors and the Credentialing Chair of the Canadian Association of Cognitive and Behavioural Therapies (CACBT).

05, 2013 Three-day conference, Montreal, QC. I assisted with the planning and execution.

05, 2012 One day workshop, Regina, SK. I participated in the planning and execution of this conference.

05, 2011 Inaugural conference, Toronto, ON. I participated in the planning and executing of this conference.

**EDITORIAL ACTIVITIES**

***Ad Hoc Journal Reviewing/Refereeing***

Examples include: Appetite; Archives of Women's Mental Health; Assessment; Behavioural and Cognitive Psychotherapy; Behaviour Research and Therapy; Birth; British Journal of Psychiatry; Canadian Medical Association Journal; Comprehensive Psychiatry; Developmental Psychology; Family Medicine and Community Health; Feminism and Psychology; Journal of Affective Disorders; Journal of Clinical Psychiatry; Journal of Consulting and Clinical Psychology; Journal of Obsessive-Compulsive and Related Disorders; Journal of Reproductive and Infant Psychology; Pediatrics; Psychological Assessment; Psychology and Psychotherapy-Theory Research and Practice; Violence against Women; Women’s Health Issues

**REVIEWER ACTIVITIES**

***Conferences***

|  |  |
| --- | --- |
| 2013 | Student poster submissions for the CACBT-ACTCC annual conference, CACBT-ACTCC |
| 2009 | Student submissions for CPA conference, Canadian Psychological Association |

***Grant Applications***

|  |  |
| --- | --- |
| 2014 – Ongoing | Committee member, Project Grant Competition, Psychosocial, Socio-cultural & Behavioural Determinants of Health Peer Review Committee, Canadian Institutes of Health Research |
| 2013 | Operating Grant Competition, Psychosocial, Socio-cultural & Behavioural Determinants of Health Peer Review Committee, Canadian Institutes of Health Research |
| 2010 | Randomized Controlled Trials, Canadian Institutes of Health Research |
| 2009 | RCOG/Wellbeing of Women Project Grant Application |
| 2006 | Canadian Institutes of Health Research, International Opportunities Program |

**AWARDS AND DISTINCTIONS**

***Awards for Scholarship***

| **Name** | **Type** | **Organization** | **Amount** | **Dates** |
| --- | --- | --- | --- | --- |
| Health Professional-Investigator | Salary | Michael Smith Foundation for Health Research | $90,000 / year | 2022 – Renewable up to 5 years |
| Salary Award | Salary | BC Women’s Health Research Institute | $20,000 | 01/20 |
| Travel Grant | Travel Grant | BC Mental Health and Addictions Research Network | $750 | 05/09 |
| Travel Grant | Travel Grant | BC Mental Health and Addictions Research Network | $845 | 10/07 |
| Methodology Training Grant | Award | Child & Family Research Institute | $2,000 | 07/09 |
| Interdisciplinary Women’s Reproductive Health Research Training Program | Postdoctoral Award | Child & Family Research Institute | $76,000 | 09/04 - 08/06 |
| Travel Grant | Travel Grant | Child & Family Research Institute | $800 | 2000 |
| William Arthur Paskins Fellowship | Fellowship | University of British Columbia | $10,000 | 1999 |
| Graduate Fellowship | Fellowship | Simon Fraser University | $4,000 | 1991 |

***Other Awards***

| **Name** | **Type** | **Presenter** | **Amount** | **Dates** |
| --- | --- | --- | --- | --- |
| Start-up funds | Start-up funds | UBC Faculty of Medicine | $15,000 | 12/13 |
| Start-up funds | Start-up funds | UBC Faculty of Medicine | $100,000 | 11/13 |

**KNOWLEDGE TRANSLATION**

***Non-refereed Publications***

1. **Fairbrother, N.** "CBT: What is it?" *Visions: BC’s Mental Health and Addictions Journal*. 6 (2009): pp. 8 - 9.
2. **Fairbrother, N**. "Anxiety in pregnancy and postpartum." *STRIDES: Anxiety Disorder Association of British Columbia Newsletter*. (Summer 2006): pp. 3 - 4.
3. **Fairbrother, N**. "Anxiety in pregnancy and postpartum." *Visions: BC’s Mental Health and Addictions Journal*. 2 (2004): pp. 18 - 19.

***Working Papers***

1. **Fairbrother, N**., & Koch, W. "Preventing psychological distress following trauma: Current knowledge and future directions.” Working paper for the Insurance Corporation of British Columbia, 2001.
2. Koch, W., & **Fairbrother, N.** "Posttraumatic stress disorder: History, theories and economics of a controversial disorder.” Working paper for the Insurance Corporation of British Columbia, 1999.

***Podcasts***

1. 205: Destigmatizing Intrusive Thoughts with Dr. Nichole Fairbrother. Podcast interview for Dr. Katayune Kaeni at Mom & Mind (<https://drkaeni.com/category/podcast/>); May 31, 2021.
2. Intrusive Thoughts and Postpartum OCD with Dr. Nichole Fairbrother. Podcast: Beyond Postpartum. Pacific Post Partum Support Society podcast series (<https://postpartum.org/podcast/>); August 28, 2020.

***Online forums***

1. Fairbrother, N. “Answers to Questions about Perinatal Anxiety.” Invited blog post on the HealthyFamiles BC web page*.* January*,* 2018.

# Badali, M., Capreol, M., Fairbrother, N., Haring, M., Newth, S., & Wang, A. “‘Psychology Works’ Fact Sheet: Perinatal Anxiety (Anxiety during pregnancy and baby’s first year).” Factsheet for the Canadian Psychological Association “Psychology Works” web page. January, 2018.

# Fairbrother, N. In 2018 I was invited to write a short, peer-reviewed acticle on perinatal anxiety for the award-winning teaching initiative “This Changed My Practice.” This article will be posted online and emailed to over 11,000 subscribing physicians, in order to deliver clinically-relevant recommendations for practice.

1. Member, UBC Division of Continuing Professional Development (UBC CPD) and the British Council for Families (BCCF); Perinatal Depression and Anxiety Online Learning Module Planning Committee. Invited by Tamil Kendall, PhD, Director, Women’s and Maternal Health, Population and Public Health, Ministry of Health (2017-2019).

***Community talks***

1. Victoria BC Climb out of the Darkness: Invited presentation, June 20th 2015 (hosted by the Victoria BC Department of Midwifery).

**MEDIA CONTRIBUTIONS**

Media contributions include print (The New York Times, Scientific American Mind, The Huffington Post, CBC Radio One’s On The Coast, The Vancouver Sun, The Kelowna Daily Courier, Kelowna Capital News, UBC Faculty of Medicine, Chatelaine Magazine), radio (CFAX 1070 AM, CBC, Huffington Post), and blogs (Parent Co., Romper, Babble, She Knows, Hot Moms Club, Let’s Talk Anxiety, Scary Mommy, Kveller).

**DELAYS AND LEAVES**

*Program transfer:* 1994, program transfer (SFU to UBC) from MA to PhD. Program incongruence resulted in 6-months of lost time.

*Maternity leaves:* 2001 and 2004.

*Marital separation:* 2010, marital separation resulting in 12-months of reduced productivity.

**STATEMENT OF PROFESSIONAL INTERESTS**

* Perinatal anxiety disorder epidemiology
* Perinatal obsessive compulsive disorder
* Screening
* Fear of childbirth
* New mothers’ thoughts of infant-related harm
* Transition to parenthood
* Consensual non-monogamy and other areas of sexual diversity

**TEACHING**

***Courses Taught at UBC***

* Foundations of Scholarship and Flexible Enhanced Learning I (FoS/FLEX I), 2017-2018
* UBC Psychiatry Critical Appraisals of the Literature & Introduction to Research Methodology, 2017-2016
* Anxiety and Depression, UBC Family Practice PGY-2 Residents, 2013-2018
* DPAS 420 (BREB Support), 2010-2011, 2013-2016
* DPAS 420 (Doctor Patient and Society - SDPO Tutor), 2010-2011, 2013-2014
* PGY-4 CBT Course, 2011 & 2012
* Introduction to Cognitive Behaviour Therapy (CBT), 2009-2011
* DPAS 420 (Doctor Patient and Society - SDPO and CSLO Tutor), 2009-2010
* PGY3 Psychiatry (CBT for Panic), 2009

***Individual Lectures***

* Anxiety in Pregnancy, Midwifery 201

Division of Midwifery, Department of Family Practice, UBC, 2021

* Perinatal Mental Health Conditions: An Introduction

Division of Midwifery, Department of Family Practice, UBC, 2021

* Mental Health Conditions: An Introduction

Perinatal Epidemiology, UBC School of Public and Population Health, 2013-2018

* Parenting and Couple’s Therapy

Family Practice Residents, Island Medical Program, UBC, 2015, 2016 & 2018

* Overview of Psychiatric Disorders

Midwifery 405, UBC Midwifery, 2013, 2015-2017

* Overview of Psychiatric Disorders During Reproduction

Family Practice Residents, Island Medical Program, UBC, 2015 & 2017

* Mental Health Conditions: An Introduction

Perinatal Epidemiology, UBC School of Public and Population Health, 2015 & 2016

* BDSM and Non-Monogamy

SOCI 306, University of Victoria Undergraduate Department of Sociology, 2015

* How to Read a Systematic Review

Doctor Patient and Society (DPAS) 420, UBC Undergraduate Medical Education, 2015

* Overview of Psychiatric Disorders

Midwifery 105, UBC Midwifery, 2013 & 2014

* F&Q Research Design (tutorial)

Doctor Patient and Society (DPAS), UBC Undergraduate Medical Education, 2014

* How to Read a Paper

Doctor Patient and Society (DPAS) Doctor Patient and Society (DPAS), UBC Undergraduate Medical Education, 2013 & 2014

* Research Ethics (tutorial)

DPAS 420, UBC Undergraduate Medical Education, 2012-2014

* Survey Design (tutorial)

DPAS 420, UBC Undergraduate Medical Education, 2012 & 2013

* Clinical Epidemiology (5 lectures):

DPAS 410, UBC Undergraduate Medical Education, 2012

* Mechanisms for Psychotherapy: Common and Specific Factors in Psychotherapy Research and Cognitive Behaviour Therapy, UBC Undergraduate Medical Education, 2012
* Foundations of Medicine, Emotion, Personality and their Disorders, Brain & Behaviour Block, UBC Undergraduate Medical Education (all sites), 2011
* Research Methods Review

DPAS 410, Block 5, Clinical Epidemiology of Tools and Practice – The Expanded Vocabulary of Biostatistics, UBC Undergraduate Medical Education (all sites), 2011

* Perinatal Anxiety Disorders: Prevalence and Phenomenology

DPAS 410, Mental Health Block, UBC Undergraduate Medical Education, 2011

* CBT for Panic Disorder

Academic Half Day for Year 1 Family Practice Residents, Island Medical Program, UBC, 2010

* Introduction to CBT for Anxiety and Mood Disorders

Foundations of Medicine, Brain and Behaviour Block, UBC Undergraduate Medical Education, 2010

* Perinatal Mental Health

Obstetrical Residents, Island Medical Program, UBC, 2010

* CBT for Anxiety Disorders

Year 2 Family Practice Residents (mental health module), Island Medical Program, UBC, 2009

* Patients in Distress

Academic Half Day for Year 2 Family Practice Residents, Island Medical Program, UBC, 2009

* All Day OSCE

Second year Medical Undergraduate Students, Island Medical Program, UBC, 2009

**STUDENT SUPERVISION**

***Undergraduate***

Honours supervisor

09/21 – 05/22 Sarvenez Oloomi, B.A., Psychology, University of British Columbia

09/17 – 05/18 Meriah Drabkin, B.A., Psychology, University of Victoria

05/16 – 05/17 Paige Murphy, B.Sc., Biology, University of Victoria

09/05 – 05/06 Liz Hollond, B.A., Honours Psychology, UBC (co-supervisor)

Directed studies

05/13 – 09/13 Heather Bleckey, B.A., Honours Psychology, University of Victoria

06/11 – 08/11 Amrita Pooni, B.Sc., Health Sciences, McMaster University

09/07 – 05/08 Hanna Weirich, B.A., Psychology, UBC

Summer student supervisor

05/19 – 06/19 Isobel Dobbin-Sears, MB BCh BO, Medicine, Royal College of Surgeons in Ireland, Summer Research Student

06/18 – 08/18 Tobi Reid, B.M.W., Division of Midwifery, UBC, SSRP Student

06/17 – 08/17 Gunisha Kalra, B.Sc., Psychology / Behavioural Neurosciences, UBC, CFRI Summer Student

05/12 – 08/12 Tamara Meixner, B.A., Honours Psychology, University of Victoria, Summer Student

05/10 – 08/11 Katie Leathem, B.A., Honours Psychology, Simon Fraser University, CFRI Summer Student

04/10 – 07/10 Debbie Hahto, B.Sc., Science, UBC, CFRI Summer Student

04/08 – 08/08 Jessica Gaiptman, B.A., Psychology, UBC, CFRI Summer Student

Practicum student supervisor

10/09 – 05/10 Olga Kazenina, B.A., Psychology, UBC

10/09 – 05/10 Trae Lanti, B.A., Psychology, UBC

09/08 – 03/10 Svetlana Delous, B.A., Psychology, UBC

10/09 – 06/09 Alicia Tonello, B.A., Psychology, UBC

Fourth year Midwifery research project supervisor

09/18 – 05/20 Tobi Reid, B.M.W., Division of Midwifery, UBC

09/16 – 09/17 Danika Surm, B.M.W., Division of Midwifery, UBC

09/15 – 09/16 Carlie Sanford, B.M.W., Division of Midwifery, UBC

05/13 – 12/13 Frances Millerd, B.M.W., Division of Midwifery, UBC

05/11 – 12/11 Julia Moxley, B.M.W., Division of Midwifery, UBC

***Undergraduate Doctor of Medicine***

Summer student supervisor

06/22 – 09/22 Salina Kung, M.D., UBC, SSRP Summer Student (under review)

06/21 – 09/21 Olivia Scoten, M.D., UBC, BCCHR Summer Student (under review)

06/21 – 09/21 Maddy Fawley, M.D., UBC, SSRP Summer Student

06/19 – 09/19 Olivia Anglin, M.D., UBC, SSRP Summer Student

06/18 – 08/18 Jazlin Mayhue, M.D., UBC, SSRP Summer Student

06/16 – 08/16 Megan Cox, M.D., UBC, SSRP Summer Student

06/15 – 08/15 Talveen Gill, M.D., UBC, SSRP Summer Student

06/14 – 08/14 Harman Sidhu, M.D., UBC, SSRP Summer Student

06/14 – 08/14 Saima Ali, M.D., UBC, CFRI Summer Student

06/13 – 08/13 Emma Tucker, M.D., UBC, SSRP Summer Student

06/13 – 08/13 Hannah Staniszkis, M.D., UBC, CFRI Summer Student

06/11 – 08/11 Elizabeth Plant, M.D., UBC, Summer Student

06/09 – 08/09 Janet Ma, M.D., UBC, CFRI Summer Student

University of British Columbia, Flexible and Enhanced Learning (FLEX)

12/21 – 02/22 Veena Lin, M.D., Research FLEX Project Supervisor

09/21 – 04/22 Sarah McGregor, M.D., Research FLEX Project Supervisor

09/21 – 04/22 Melissa Beaulac, M.D., Research FLEX Project Supervisor

09/20 – 04/21 Salina Kung, M.D., Research FLEX Project Supervisor

12/21 – 02/22 Martin Cheung, M.D., Research FLEX Project Supervisor

09/21 – 04/22 Maddy Fawley, M.D., Research FLEX Project Supervisor

04/21 – 06/21 Janae Vlaar, M.D., Research FLEX Project Supervisor

09/20 – 04/21 Salina Kung, M.D., Research FLEX Project Supervisor

09/20 – 04/21 Rose Cameron, M.D., Research FLEX Project Supervisor

04/20 – 06/20 Conor Zeer-Wanklyn, M.D., Research FLEX Project Supervisor

04/20 – 06/20 Rose Cameron, M.D., Research FLEX Project Supervisor

04/20 – 06/20 Levi Godra, M.D., Research FLEX Project Supervisor

04/20 – 06/20 Erin Flanagan, M.D., Research FLEX Project Supervisor

04/20 – 06/20 Kat Xie, M.D., Research FLEX Project Supervisor

04/19 – 04/20 Olivia Anglin, M.D., Research FLEX Project Supervisor

09/19 – 04/20 Veena Lin, M.D., Research FLEX Project Supervisor

09/19 – 04/20 Emily Freidrich, M.D., Research FLEX Project Supervisor

09/18 – 04/20 Sajad Niyyati, M.D., Research FLEX Project Supervisor

09/17 – 04/18 Brianna Chrighton, M.D., Research FLEX Project Supervisor

01/17 – 04/17 Megan Cox, M.D., Research FLEX Project Supervisor

08/16 – 04/17 Lucas Dellabough, M.D., Research FLEX Project Supervisor

07/16 – 06/17 Charles-David Clayton, M.D., Research FLEX Project Supervisor

***Doctor of Philosophy Students***

Clinical practicum supervisor

09/09 – 10/13 Alison Welsted, Ph.D., Clinical Psychology, UBC

01/09 – 10/13 Lucy McCullough, Ph.D., Counselling Psychology, UBC

12/08 – 04/12 Emily Polak, Ph.D., Counselling Psychology, UBC

03/08 – 11/08 Jennifer Barrie, Ph.D., Counselling Psychology, UBC

11/07 – 10/08 Jill Satin*,* Ph.D., Clinical Psychology, UBC

***Graduate***

Thesis supervisor

09/21 – Bryn Stagg, M.SC. candidate, Reproductive and Developmental Sciences, Department of Obstetrics and Gynaecology, University of British Columbia, Primary Supervisor

10/11 – 12/19 Hope Walker, Ph.D. candidate, Clinical Psychology, University of Victoria, Committee Member

09/17 – 09/19 Debra Torok, M.A. candidate, Clinical Psychology, University of Victoria, Primary Supervisor

09/17 – 11/18 Lauren Phelan, M.A., Counseling Psychology, UBC, Committee Member

05/16 – 04/18 Ambar Abrar, M.Sc., Social Dimensions of Health Program, University of Victoria, Primary Supervisor

09/12 – 08/13 Arash Shamsian, M.Sc., Public Health, UBC, Primary Supervisor

***Postgraduate***

Clinical supervisor

2010 – 2011 Michelle van den Engh, PGY 1 & 2, Individual treatment of social anxiety disorder, GAD, and attachment issues, UBC

2011 Joanna Cheek, PGY 4, Individual treatment OCD, UBC

2010 – 2011 Rob Clements, PGY 2, Individual treatment of anxiety disorders within the Introduction to CBT course, UBC

2010 – 2011 Rocio Nino, PGY 2, Individual treatment of anxiety disorders within the Introduction to CBT course, UBC

Research supervisor

2020 – 2021 Rachel Martin, B.A., Visiting Scholar

2017 – 2019 Ruth Stewart, Resident Research Elective Supervisor, UBC Psychiatry

2017 – 2019 Sonia Detillieux, Resident Research Elective Supervisor, UBC Psychiatry

2018 – 2019 Bryony Corbyn, Resident Research Elective, UBC Psychiatry

2016 – 2017 Annie Ma, Resident Research Elective, UBC Psychiatry

2014 – 2015 Areiyu Zhang, Resident Research Elective, UBC Obstetrics and Gyaenecology

*Postdoctoral Fellows*

2017 – 2018 Kathrin Stoll, Postdoctoral Fellow, UBC School of Population and Public Health